



Our 2012 Annual Review





Introduction

We, the Adventure Ashram trustees, are delighted with the improvements in health and education made by the five projects we have supported in the last year.

This annual review gives details of the grants awarded, updates on the progress and sets out our plans for next year. We hope you also feel pleased about the impact made through your involvement with Adventure Ashram.

This year's highlight was the Karma Enduro and Enduro India's rest days at Masinagudi when adventurers were introduced to the children sponsored to go to school – magical days of singing, playing, talking and laughing.

Adventure Ashram's mission is to help the communities in the places we explore with Global Enduro. We do this by funding small grassroots charities that improve health and education for the poorest people. We measure the impact of our work by questioning the people who benefit, observing what has changed in their communities and by identifying tangible outcomes from the improvements in health and education.

The Adventure Ashram Trustees

Rhys Boyd

Iain Crockart

Simon Smith

Wendy Smith

Colin Taylor

Thank you

Inspired by the children they met, adventurers joined us to continue their support either by sponsoring a child or partnering with us on a project.

Thank you to everyone who has supported our charity.

A special thank you to our Partners;
Aitchgroup, Appassionata, Bob & Shirley Nicholson, Change Capability, CBT Business Travel, Des & ChiChi, Giles Robbins, John, Mark & Paul Dillon Kingdom Security Ltd, Paul Mason, Phillippa Lloyd, Sarah Goodwin and Stefano Buliani.

Your generosity, commitment and passion for our projects means so much more can be achieved.

Donations are just one of the ways Supporters give. Time, feedback, contacts and long-term commitment all help to drive forward Adventure Ashram, the charity founded and supported by adventurers of Global Enduro.

We also thank the dedicated leaders and staff of the following Indian Charities.

Action for Social health in Rural Areas – *Dr. Arun Kolkatar*

Centre for Wildlife Studies – *Dr. Ullas Karanth*

Grace Charitable Trust – *Solomon Daniel*

Odanadi – *Stanly Kv*

Spiti Projects Charity – *Joan Swinnerton*

Finally, we thank Global Enduro's UK and international team, led by Nick Capsey for their hard work and determination.





Accessible healthcare for women & children in Palani Hills, Tamil Nadu

Update from Dr. Arun Kolkatar, written by Fritha Vincent

Charity	Action for Social Health in Rural Areas
Project objective	To run regular clinics with a doctor, health worker and a facility to purchase medicines in isolated communities.
Project funding	£10,000
Project Length	1 year (Commenced January 2011)
Status	IN PROGRESS

This project met challenges at the beginning of the funding period due to operational problems in the crèches where it was running. Two new crèches were identified where regular health check ups were needed, in addition to the outreach clinics.

The clinics are well attended serving isolated communities with poor amenities and limited funds and providing affordable healthcare. Many of the adults who come are employed as labourers on a daily-wage.

The crèches provide a safe educational environment and the children receive calcium, vitamin D supplement and a multivitamin syrup on a daily basis. This is a complementary programme to a government initiative to tackle malnutrition and is funded by an Adventure Ashram Partner. Since this programme began the children are gaining weight and there is a reduced incidence of illness.

The next 12 months

Adventure Ashram trustees will review the project in January.

For more information

Bethania Kids www.bethaniakids.org

Voluntary relocation to improve human lives in tiger landscapes

Update from Dr. Ullas Karanth, written by Fritha Vincent

Charity	Centre for Wildlife Studies
Project objective	Improving human livelihoods and mitigating human-wildlife conflicts in Malenad/Mysore tiger landscape, India, through incentive-based voluntary relocations.
Project funding	£250,000
Project length	3 years (Commenced 2010)
Status	SCHEDULED FOR COMPLETION IN DECEMBER 2012

The grant paid for 18 families to be relocated from their homes deep inside Kudremukh National Park to land just outside with access to roads with regular buses to schools and medical centres, local markets for selling home grown produce and local employment.

Raju Malekudiya's story highlights the impact relocation can have on a family unit. In 2011 Raju's family took up voluntary relocation through Centre for Wildlife Studies. Compensation for his land inside the Kudremukh National park came from the Adventure Ashram grant. Centre for Wildlife Studies staff helped Raju in finding an alternative site in a location called Keravashe outside Kudremukh National Park.

For Raju's family, the immediate impact of relocation has been easy access to healthcare, schools, public transport, also markets for their crops and basic facilities like electricity and telephone. His family, that was earlier scattered, now live together in their new home and his children have the opportunity to experience continued parental care and affection with access to school. The other benefits include freedom from conflict with wildlife and better crop yields. Further, with the improved access to markets, Raju is now able to market his surplus crops, achieving a better price and a higher income. All of these changes have not just improved the family's physical and social health, but have significantly improved their livelihood security.



The future

Since the beginning of this project over 500 families have filed for relocation. The grant given by Adventure Ashram and other donors to CWS and the success of the recent relocations has galvanised the Indian Government to release money to fund the rest of the relocations. This will happen over the next 5 – 10 years.

By being a catalyst for change Adventure Ashram has created a legacy that will lead to the dramatic improvement in health and education for over 500 families and the restoration of precious tiger country.

In the longer term the cycle of poverty is broken by the increase in social mobility, education and access to alternative sources of income.

For more information

Centre for Wildlife Studies www.cwsindia.org

Above:

Fritha Vincent of Adventure Ashram, Niren Jain and CWS staff interacting with Raju Malekudiya's family at the relocated site in Keravashe in December 2011



Educating tribal children from Mudumalai Tiger Reserve

Update from Solomon Daniel, written by Fritha Vincent

Charity	Grace Charitable Trust
Project objective	To enable 200 children to attend school and continue to their graduation by providing safe access and covering the cost of their education.
Project funding	£23,000 annually
Project length	Ongoing (Commenced June 2011)
Status	IN PROGRESS

This successful campaign has secured sponsorship to educate over 200 children. Special thanks goes to Partners and Supporters from Karma Enduro 2011 and Enduro India 2012 who have driven the project forward. With the pledge of a second school bus, more children from remote villages will be able to attend school safely. However we continue to wait, impatiently, for permission from the Indian Government to send the funds.

The next 12 months

Solomon continues to work tirelessly building relationships with the children and their families. Adventure Ashram supporters will travel to Masinagudi to complete the building of 6 latrines in one of the villages where a number of children are educated through Adventure Ashram. These latrines were donated by an Adventure Ashram Partner.

Adventure Ashram trustees will continue to engage with adventurers in order to secure long term commitment through standing orders so ensuring these childrens' long term education and enabling each of them to reach graduation.

For more information

GRG Memorial School www.grgmhss.com

Grace Charitable Trust www.gracecharitabletrust.com





Rehabilitation of children affected by human trafficking

Updated by Stanly Kv, written by Fritha Vincent

Charity	Odanadi
Project objective	To complete the building of a house for rescued boys who are being rehabilitated and cared for by Odanadi in Mysore.
Project funding	£68,000
Project length	4 months (Commenced February 2012)
Status	IN PROGRESS

The boys' house is a month from completion and some of the boys have already moved in. Shortly all the boys from as young as 5 will live in the house enjoying running water, toilets, showers and proper cooking facilities. Each boy has his own dedicated area around his bed for his personal belongings and school books. The communal area for them to eat together, do their homework and hang out, will make a huge difference.

This house provides a safe place for the boys to recuperate mentally and physically from a distressed past involving human trafficking. The boys are developing the skills they need to heal, empower and educate themselves. In their home there is now space to have private counselling, enjoy daily psycho-social therapies such as yoga, karate, art, drama and traditional dance. Through these activities the boys are strengthening mentally and physically.

The next 12 months

The house will be completed and all the boys moved in. The youngest boys will be delighted because they hate having to live with the girls. Adventure Ashram's supporters arrive in November and will spend time with the boys helping them plant an orchard of fruit trees in the land surrounding the house. The funds given by Adventure Ashram have now been spent on the construction of the boys house but Adventure Ashram will continue to support Odanadi through donations made by Partners and supporters.

For more information

Odanadi www.odanadi.org

Building a 'Solar Eco' Community Centre in Kaza, Spiti Valley, Himalayas

Update from Joan Swinnerton, written by Fritha Vincent

Charity	Spiti Projects Charity
Project objective	To build a community centre and showcase a building that uses modern technology to harness energy from the sun.
Project funding	£84,000
Project length	3 year (Commenced July 2011)
Status	IN PROGRESS

The grant awarded by Adventure Ashram has paid for the purchase of the community centre's land (£34,000) and will also pay for planning and building materials. A large mound of mud is being made on the land to signify the beginning of the building in the auspicious year of the Dragon. The centre will be run by the community and will be self sufficient, earning income in a variety of ways including the sale of handicrafts made by local women to tourists at the centre shop.

Local children and their families will experience an immediate improvement in health care provision because the centre will have two clinics, one for a dentist and one for an optician. During the winter months traveling to see a dentist is impossible, so having a dentist living and practising all year around will improve lives.

Long-term benefits to the community will occur as local people learn about the health and financial benefits of constructing eco-homes like the community centre. By harnessing the sun's energy to generate heat and electricity families will be able to cook and keep warm so saving income and natural resources.

The next 12 months

Construction of the centre will begin as soon as the snow melts at the beginning of next summer. In the meantime Adventure Ashram will network with organisations in India who are leading the way in solar technology to build relationships, inform local organisations about the project and generate new support to ensure the completion of the centre in 2014.

For more information
Spiti Projects www.spiti.org



Contact details for further information, updates, donations or to get involved.

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